

# Speaking Sample Questions

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## Food

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### Part One:

- What sorts of food do you like eating most? (Why?)
- Who normally does the cooking in your home? (Why/Why not?)
- Do you watch cookery programmes on TV? (Why/Why not?)
- In general, do you prefer eating out or eating at home? (Why?)
- How often do you cook? Would you like to be able to do so more often?
- How often do you eat out? Would you like to do so more often?
- Would you say that you have a healthy diet? Why do you say that?
- What kinds of restaurants do people your age in your country usually go to? Is that different from your parent's generation?
- Are there any foods you particularly dislike? Do many other people feel that way?
- In your opinion, what are some ways to maintain a healthy lifestyle?
- Would you say that you are a good cook? Why/ Why not?
- What kinds of restaurants do you like? What's the most important factor in your choice?
- What do you usually eat for breakfast/ lunch/ dinner? Why?
- When did you last eat out? How was it?
- What dish do you most enjoy cooking? Why do you like making that one?
- Are there any foods you can't eat? Is it difficult to avoid them?
- How do you feel about packaged food? Why do you feel that way?



**Armani English  
Center**

**Presented by  
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## Part Two:

Describe a special occasion when you had a really enjoyable meal.

You should say:

- what the occasion was
- who was at the meal
- what you ate

And explain why the meal was so enjoyable.

Talk about your favorite meal and how often do you eat it. You should say:

- What is it?
- Why is it your favorite?
- With whom do you like to eat it?

Talk about a dish you know how to cook.

You should say:

- what ingredients are required to cook it
- where you learned it from
- how you cook this dish

And tell if this is an easy dish to cook or not.



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### Model Answer for the THIRD CUE CARD.

I am not a good cook and I know very little about cooking and related stuffs. Yet, I know how to cook only a few common dishes as I had to cook sometimes during my university life/ college life. One such dish is the boiled rice and mutton curry.

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To cook this dish we would need the rice, mutton, some spices, onion, vinegar, mustard, water, oil, salt and some other basic cooking ingredients.

I probably learned it from my mother's cooking. As I have seen my mother cook this very dish countless times, the idea and cooking of this dish came to me from there. When I cooked this dish for the first time, I actually recalled what my mother did and I followed the memories I had regarding my mother cooking this dish. So in a sense, I learned it from my mother, though she did not teach me how to cook this dish directly.

To cook this dish, one need to clean and wash the rice and then boil it in the water for about 30 minutes. At the end the cook has to check the water level and if needed s/he would need to drop off the extra water. Thus the boiled rice item would be prepared. To make it tasty, we sometimes use a very small portion of ghee/ tasty butter to give it a good scent and a delicious taste.

For the mutton curry part, the cook must wash the mutton first and then keep it in the water for about 20 minutes. After the mutton is washed neatly, it would have to put in the amalgam of the 3-4 spices, oil and vinegar. After that water would be added to this and the cook has to wait for 20-30 minutes before it would be ready to be served along with the rice.

I would say this is an easy dish to cook. It does not require so many ingredients or so many complex processes for cooking. This is a tasty dish that can be prepared easily and the taste would be great if everything goes alright.

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### Part Three:



- How have food habits of people changed over the years?
- What are some good eating habits that people are expected to follow nowadays?
- Is the food they eat now different from the food they ate in the past?
- Is there a unique food habit that your community follows in your hometown?
- What are some of the main food products ("foods") that your country produces?
- What are some food products that come from different parts of your country?
- What widely consumed food products are mainly imported into your country?
- Do you think it's important that a country is self-sufficient in food?
- What are some of the main food products ("foods") that your country produces?
- What are some food products that come from different parts of your country?

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- What widely consumed food products are mainly imported into your country?
- Do you think it's important that a country is self-sufficient in food?
- What do you think a healthy diet consists of?
- Which do people in your country prefer: traditional food or fast food such as hamburgers or pizzas?
- Learning about food
- Do you think children should be taught about healthy diets and cooking at school? Why (not)?
- What can be done to prevent poor people in the world going hungry?
- Should rich countries help poor countries with more than just food?
- What effects has modern technology had on the way food is produced?
- How important is it for a country to be able to grow all the food it needs, without importing any from other countries?
- How are the eating habits now in your country different from eating habits in the past?
- How healthy is your country's food?
- How may eating habits change in coming decades?
- How technology has changed the way we prepare our food these days?



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